



Did you know?

In our region, 1 in 10, or more than 272,000 people are at risk of hunger. With the help of food drives like Take Your Can to Work, Harvesters' network of pantry partners is able to serve 226,000 neighbors every month, 35 percent being kids!

Can you help?

Our organization is excited to participate in this year's Take Your Can To Work Week to fight hunger and help local families in need. Please help us by collecting nonperishable food items for Harvesters or by donating to Harvesters online at www.harvesters.org.

Most Needed Items:

- Canned Vegetables (Low Sodium)
- Canned Fruits in 100% Juice
- Canned Chicken, Tuna, Salmon
- Canned Soup
- Whole Grain Pasta
- Peanut, Almond, or Sun Butter
- Cereal – Hot and Cold
- Brown Rice